

OUTDOOR ACTIVITIES

We encourage the gross motor and observation skills of young children. Outdoor activities give children an opportunity to talk louder and move in a large space.

Physical education activities:

HULA HOOPING: Use both fine and gross motor skills; develops problem solving and social skills.

Use the hula hoops in their own way, teacher will later shows different way to use the hula hoops.

HOP IN THE HOOPS: Use gross motor skills.

Place lots of hula hoops different colors around the open space. Walk around without touching the hoops – walk, hop, skip, run.....

Use musical instruments to move in the rhythm.

HOT POTATO: Gross motor skills and use feet instead of their hands.

Make a circle, one child in the middle with the medium size of the ball, trying to get the ball out of the circle with his feet, rest of the children try to keep the ball in the circle "oven".

Science:

MAKING VOLCANOS: Discover, what happens when baking soda and vinegar are mixed in this activity.

Making volcano in the sand, leaving the hole in the top for the material

VOLCANOS: Look through different pictures from the magazines or the books. Draw volcano on the sidewalk or large piece of the paper. Use different techniques – chalk, paints.....

Nature, insect....

UNDERGROUND THEME, NATURE WALK, COLLAGE:

Observation and creative skills – observe a plants, insect, tree....

- create a science bulleting board
- play a game "Outside animals" – hop and slither in the open space
- use gross motor skills during this activity –

Nature walk and Collage – science and art activities “Language development through group participation, questions and conversation”.

- on the walk pick up objects from nature and put them in the bags to take to the class
- talk about respecting nature and make a collage.

Create a map – creative thinking, problem solving

- take a walk around the neighborhood, look carefully and notice important roads, streets and buildings
- cooperative experience of interpreting real life into block forms

Collecting a rocks – observation, language development and art

- look for the rocks, compare the size, color and texture of the rocks and stones, display the rocks and stones according to size....
- painting rocks and stones use as a “Talking Stones”
- make a rubbing books – use the paper and place over outdoor objects/ tree trunks, grass, sidewalk, fence/ and rub with crayons – create a book