













choice children's catering menu

Cycle 2

Preschool & School Age week one

DAY	AM SNACK		PM SNACK			
MON	Shreddies 2% Milk	 Home Style Chicken Stew Crusty Bread Fresh Fruit 2 % Milk	Apples 2% Milk	carrots, onions,, herbs & spices, celery, potato, peas	crusty bread	diced chicken, chicken stock
TUE	 Jesse's Granola Dried Fruit 2% Milk	 Homemade Creamy Cheese Sauce with Lentils & Pasta Veggies & Dip Fresh Fruit 2 % Milk	Vegetable Samosa 2% Milk	carrots, cauliflower, cucumbers, cherry tomato ranch dip - egg, vinegar, spices	pasta baby shells,	homo milk, shredded cheddar cheese, non- hydrogenated margarine, flour, yellow lentils
WED	Multi Grain Cheerios 2% Milk	 Spanish Paella with Brown & White Rice Garden Salad Fresh Fruit 2 % Milk	 Veggie Pizza Pita Pockets	iceberg lettuce, tomato, carrots, cucumbers french dressing, vinegar, tomato spices, oil	brown, white rice	diced chicken, white fish, chicken sausage, herbs and spices, vegetable stock
THU	Applesauce WW Roll	 Grandma's Saucy Meatloaf Whole Wheat Pasta Five Treasure Salad Fresh Fruit 2 % Milk	Creamy Hummus Whole Wheat Triscuits	zucchini, purple cabbage, carrot, peppers, cauliflower or broccoli italian dressing	ww pasta	lean ground beef, egg, bread crumbs, hp sauce, onion, tomato, vinegar, mustard, lemon, herbs & spices
FRI	Hard Boiled Egg WW Toast	 Tasty Cajun Turkey, Cheese Burrito Kernel Corn & Diced Carrots Fresh Fruit 2 % Milk	 Pineapple Loaf 2% Milk	kernel corn, diced carrots tomato sauce	flour tortilla shell	ground turkey, navy beans, shredded cheese, tomato, herbs & spices

list of daily fruit available on the [FRESH FROM THE MARKET](#)



items made from scratch

water is available as a beverage throughout the day



we make nourishment child's play

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